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Workshops for Winter / Spring 2010

Making Sense of Adolescence

February 20, 9:00 am till 2:00 pm
Includes a lovely lunch from the Kenwood Kafe
\$65.00 per person / \$80.00 per couple

Adolescence is less a static stage of development, and more so a bridge between childhood and adulthood: one never quite knows where their adolescent will be in a given moment... more towards the childish end or more towards the adult end! Come and gain insight into the pivotal, incredible psychological and emotional changes unfolding during this place of development. Gain reassurances and learn how to work with these inevitable processes, and thereby not get so easily stuck in tripping all over them in our efforts to support the growth and maturation of our teenager.

To register, please
call Karina or Julie @
the Ontario Early
Years Centre
613 623-8224

For more information
on workshops,
please call Darlene @
613 622-5499

Book Study: How to Talk so Teens will Listen, and Listen so Teens will Talk [Faber & Mazlish, 2004]

In partnership with the Ontario Early Years Centre

March 10, 24, and April 7, from 6:30 till 8:30 pm
\$10.00 per person, plus cost of book

Power to Parent... PLANNED FOR FALL 2010

Dates to be determined... Please register your interest with Karina or Julie at the Ontario Early Years 613 623-8224, and we will contact you in August 2010!

Four-part workshop series, based on the work of Dr. Gordon Neufeld, Canadian developmental & clinical psychologist and child development expert
\$100.00 per person, \$140.00 per couple

Dr. Neufeld focuses on the child-adult relationship as the context for raising children. Parents and professionals learn how this relationship is meant to develop, what can go wrong, why peers must not matter more than parents, the true meaning of shyness, how to cultivate a context of connection, how to win back one's child if need be, how to preserve the connection, and more. Parents and professionals also learn about the kinds of interactions and discipline that erode the relationship, and effective alternatives that protect the relationship and are attachment-safe.

For those who are interested in Dr. Neufeld's work, please go to www.GordonNeufeld.com, or enter 'Ottawa Neufeld Community' window on my website [www.acycc.com], to access a poster of his upcoming presentations in Ottawa, planned for May 2010!